September 2020

August '20	October '20			
S M T W T F S	S M T W T F S			
1	1 2 3			
2 3 4 5 6 7 8	4 5 6 7 8 9 10			
9 10 11 12 13 14 15	11 12 13 14 15 16 17			
16 17 18 19 20 21 22	18 19 20 21 22 23 24			
23 24 25 26 27 28 29	25 26 27 28 29 30 31			
30 31				

	30 31					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
Track		Track	Track	Track	Track	Track
7:00am - 10:30am	Dark	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am
Gates		No Gates	Gates	Gates	Gates	Gates
8:00am - 10:00am			8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am
	Equiciser 9am - 11am	Equiciser 9am - 11am	Equiciser 9am - 11am			
6	7	8	9	10	11	12
Track		Track	Track	Track	Track	Track
7:00am - 10:30am	Dark	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am
Gates		No Gates	Gates	Gates	Gates	Gates
8:00am - 10:00am			8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00an
	Equiciser 9am - 11am	Equiciser 9am - 11am	Equiciser 9am - 11am			
13	14	15	16	17	18	19
Track		Track	Track	Track	Track	Track
7:00am - 10:30am	Dark	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30an
Gates		No Gates	Gates	Gates	Gates	Gates
8:00am - 10:00am			8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00an
	Equiciser 9am - 11am	Equiciser 9am - 11am	Equiciser 9am - 11am			
20	21	22	23	24	25	26
Track		Track	Track	Track	Track	Track
7:00am - 10:30am	Dark	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am
Gates		No Gates	Gates	Gates	Gates	Gates
8:00am - 10:00am			8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00an
	Equiciser 9am - 11am	Equiciser 9am - 11am	Equiciser 9am - 11am			
27	28	29	30	1	2	3
Track		Track	Track	Track	Track	Track
7:00am - 10:30am	Dark	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30am	7:00am - 10:30an
Gates		No Gates	Gates	Gates	Gates	Gates
8:00am - 10:00am			8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am	8:00am - 10:00am
	Equiciser 9am - 11am	Equiciser 9am - 11am	Equiciser 9am - 11am			
4	5					C31
Track		Track Sche	dule			0/3
7.00 10.20	Doule	1				

Track 7:00am - 10:30am Dark Gates 8:00am - 10:00am

Equiciser 9am - 11am

Times and Schedule are subject to change

